



**SALISBURY RUGBY  
FOOTBALL CLUB**

# Coaching 'Buddy System'



## **Aim**

To provide an identified internal technical and personal support structure for coaches, to the benefit of all age groups, in order to enhance their effectiveness and skill set to the benefit of the players.

## **Principal Objective**

**To strengthen the links between the age groups and coaches at all levels to enhance the cohesive culture of the club.**

## **General Objectives**

1. To facilitate the transfer of technical information and experience from the more experienced age group coaches to the benefit of developing coaches.
2. To ensure the experience and skills of coaches are shared to enhance the ability of all club coaches to develop their coaching skill set.
3. To provide support for coaches when:
  - Starting coaching
  - Making the transition from touch to contact rugby
  - Moving from Mini to Junior Rugby
  - When moving from Junior to Colts Rugby
  - Coaches are preparing to take coaching qualifications

*In order to enhance the coaches ability to make a smooth transition at the key stage in their development and progress to the benefit of players.*

## Methodology

- Each age group from U8 onwards will have a “Buddy” support role for the age group two years junior to itself (see below)
- The exception to the general structure is the Colts who as a group will support the U15 & U16 age groups.
- Lead Coaches will be the initial point of contact and the decision will then be made if the enquiry will be dealt with personally or deferred to another appropriately qualified coach within the age group.
- Contact will then be on a one to one basis between two identified coaches.
- If coaches wish the Club Coaching Coordinator to be involved at any stage, in order to reach a satisfactory conclusion, then the support coach dealing with the matters should make contact at the earliest opportunity.

## Responsibilities

- At the beginning of each season supported and supporting Lead Coaches should make preliminary contact and deal with any initial matters requiring action.
- At the end of each season the supported and Lead Coaches should make contact for an end of season debrief and provide the Club Coaching Coordinator (CCC) with feedback on how the protocol has worked.
- Lead Coaches should advise the CCC through the season of any issues which are raised which may be of generic importance to other coaches or have implications for coaching policy
- The CCC will be responsible for supporting coaches, when requested to, in resolving any matters raised through the “Buddy System” and for taking action to resolve issues, which fall within his remit due to the wider generic implications for the coaching structure within the Club.



