



*Teamwork - Respect - Enjoyment- Discipline- Sportsmanship*

## CCC Review 2022/23

### Summary

The focus over the 2022/23 season was to catch up on coaching courses missed during the Covid period, put a system in place where coaches refresh their eLearning on an annual basis and ensure that we have enough support in each age group to maximise the players experience.

As shown by the figures below, this has been successful with all contact coaches now holding a contact qualification, 48 of 52 coaches completing Safeguarding & Headcase eLearning courses, 34 of 37 contact coaches completing the Tacklesafe eLearning and a substantial increase in the number of coaches qualified with the Coaching Award, Principles of the Lineout and the initial Tag course. We have also increased the number of parent helpers from 12 last year to 31 by the end of the season.

### Coaches Qualifications

Overall	2021/22		2022/23		Comments
Coaches	54		52		
Safeguarding eLearning	29	54%	50	96%	Target 100%
Headcase eLearning	34	63%	48	92%	Target 100%

Tag (U6-U8)	2021/22		2022/23		Comments
Coaches	10		15		
Tag Course or Above	3	30%	8	53%	Target 60% per age group. (U7's 33%)

Contact (U9+ inc. Girls & Seniors)	2021/22		2022/23		Comments
Coaches	44		37		
Contact Course	28	64%	37	100%	Required to be a contact coach
Tacklesafe eLearning	9	20%	34	92%	Target 100%

Specialist (U12+ inc. Girls & Seniors)	2021/22		2022/23		Comments
Coaches	32		27		
Coaching Award (inc. old L1 & L2)	18	56%	24	89%	Every age group at least 60% target
Principles of Scrum	13	41%	13	48%	At least one per age group (4 ages 2+)
Principles of Lineout	1	3%	9	33%	At least one per age group (2 ages 2+)

### Parent Helpers

Parent Helpers	2021/22	2022/23
Tag	3	8
Contact	9	23

## **Courses at the Club**

There is a requirement of a minimum of 10 people in order to host a training course at the club. Although we had 10 coaches take the Coaching Award, we were too late to host a course last season but there is one booked for next season starting in October. We did know that we would need a Principles of the Lineout course, as previous ones were cancelled during Covid, and a course was successfully held in March with 11 coaches attending from the club. We also have a Tackle Height Clinic booked in July to go over the new regulations with the majority of the 30 coaches signed up club members.

Going forward, we will look to host Kids First Tag and Kids First Contact alternately at the start of the season with specialist courses arranged when we have the required numbers.

## **Plan for 2023/24**

The plan for next season falls into 3 categories.

### **1. Academy**

With the launch of the Academy, there will be a focus on putting together a club game structure that will start with the Seniors and then be watered down as we go down the age groups. This will aid recognition of calls, game patterns and allow for a more seamless movement from Youth into Colts and onto Seniors. We are also looking to put together coaching guidelines outlining the technical Key Factors for each area of the game so that all coaches are aligned with some becoming more specialist as they move up the age groups. Any new ideas will be discussed amongst the specialist academy coaches leading to a fluid, adaptable system as coaching techniques change.

### **2. Increased Focus on Younger Age Groups**

Now that we have addressed coaching qualifications across the age groups, more time will be available to focus on the newer coaches coming into the youngest age groups or moving into contact for the first time. More help will be given by being available to pass on experience, take sessions where needed and generally mentoring them as they development.

### **3. Encouraging More Coaches to Qualify**

With the number of parent helpers increasing dramatically last year, there will be a focus on encouraging those interested to take the next step and sign up for coaching qualifications so that they can lead sessions as required.